



**CITY OF MUKILTEO, WA MUKILTEO YOUTH  
ADVISORY COMMITTEE MEETING MINUTES  
November 19, 2019  
City Council Chambers, 11930 Cyrus Way**

---

**Call to Order** Executive Assistant Nancy Passovoy called the meeting to order at 6:32 pm.

**Attendance** Aya, Poojitha, Rohini, Ramya, Sarah, Arjun, Aaron, Bomi, Sierra, Suin, Leo, Tyler, Alice (Jinyang), and Madeleine.

Absent: Nivi, Councilmember Kneller, Councilmember Vice President Rohrbough

**Agenda Items**

1. Food Drive (Leo will send overview email after meeting)
  - a. Storage in member's garages to lower cost
  - b. Promotion: posters at Kamiak
  - c. Charities: Mukilteo food bank, another charity near gold's gym, churches
    - i. Look into charities in Mukilteo area, compile onto word document
  - d. Timing: how long preparation will take, count back based on that
    - i. Decide before spring break: date and how much collection is needed
    - ii. May intervene with other events (Art Contest)
  - e. Fundraising: Approach businesses, 1-month fundraising (standing outside stores- volunteers with shifts, drop-off at a location)
    - i. QFC changed policy about standing outside stores, can go to other stores
  - f. School district- contact dean of schools we want to distribute to or superintendent to see if we can donate to (not limited to high schools but Kamiak is ideal)
2. Mental Health
  - a. Mental health walk decision: will do again, good experience



CITY OF  
**MUKILTEO**

- b. Location: Kamiak (commons, auditorium, or library) instead of Rosehill (Sierra will talk to Jensen)
  - c. Promotion: active promotion through Kamiak (reach parents similar to curriculum night) and invite teachers, KTV news
  - d. Event timeline:
    - i. QPR training for everyone
    - ii. Parents session possibilities: resource fair, how to detect depression/anxiety, hospital/clinic set up
    - iii. Students session possibilities: Teen Link representatives, phone apps, speaker with credentials (Madeleine can contact UW professor to talk about stress coping mechanisms), promote as an ally event rather than depression diagnosis/aid (QPR)
3. Art Contest:
- a. Update: contacted (art) schools, business cards and flyers made
  - b. Date: January 26th, 2020
  - c. Advertising:
    - i. Everyone takes ~12 flyers to put up at businesses
    - ii. Subcommittee members collect ~\$40-50, everyone else collects ~\$25
4. Break for subcommittees

**Closing Remarks** The next MYAC meeting is Tuesday, December 10 at 6:00 pm, City Hall.

**Adjournment** The meeting was adjourned at 7:32 pm.

---

These minutes are excerpts from the meeting, and there is no recording.

Prepared by:

Ramya Arumilli and Alice (Jinyang) Zhang, Co-Secretaries