



**CITY OF MUKILTEO, WA MUKILTEO YOUTH
ADVISORY COMMITTEE MEETING MINUTES
October 8, 2019
City Council Chambers, 11930 Cyrus Way**

Call to Order Executive Assistant Nancy Passovoy called the meeting to order at 6:00 pm.

Attendance In attendance: Councilmember Kneller, Aya, Poojitha, Rohini, Ramya, Sarah, Arjun, Bomi, Nivi, Aaron, Sierra, Suin, Tyler and Alice (Jinyang) Madeleine.

Absent: Leo

Agenda Items

1. **Facebook Group:** Decided on Facebook group over other social media platforms (Whatsapp)
2. **November meeting:** November 13th (Wednesday) at 6 pm. Moved due to city council meeting.
3. **Committee chairs revisit:** Nivi and Arjun (Co-Chair), Poojitha and Sarah (Co-Vice Chair), Ramya and Jinyang (Alice) (Co-Secretary)
4. **Subcommittee chairs:** Nivi and Madeleine to become co-chairs in addition to Sierra for mental health project, Nivi agreed to chair Sports Banquet, Rohini will co-chair
5. **Subcommittee goals:**
 - a. Mental Health:
 - i. Long-term: participate in suicide marches once a month, implement google form on Kamiak's website where you can report if you or a friend are struggling with mental health, host a successful event
 - ii. Event goals: host event on Friday in February, link statistics with African American depression rates with mental health possibility because of Black history month, make the event more interactive, arrange speaker instead of movie, more open-ended discussion
 - iii. More regular events- attend events in Everett/Seattle (more information via email)
 - b. Art Contest: (move to before February, perhaps January)



- i. Event: 15-20 judges (2 people contact), contact art schools for advertisement/supplies (4 people contact), collect donations (everyone in committee should reach goal of \$30)
- ii. First meeting: go over the categories, set deadlines, who is going to do what, plan donations
- iii. Depending on the amount of money donated by business, there will be different benefits for companies (outlined on small sheet passed around)
- iv. Change poster or use last year's -- still to be decided
- c. Sports Banquet:
 - i. Nivi will talk with Ms. McClaskey from Kamiak and event/subcommittee time will be decided later
- d. Food Drive
 - i. Leo was absent but food drive is aimed to be in the week before Spring Break so that families will have the food by Spring Break, structure inspired by Kamiak

6. Mental health initiative

- a. Event this Saturday (October 12, 2019): march for Nina at Boxcar Park in Everett at 9:30 to 11 and the alternative is on October 19, 8:30 to 10:00 am at Fisher Pavilion
 - i. Everyone should attend either the October 12th one or October 19th
 - ii. Chairs need everyone's information on which day they will attend so that they can plan to bring beads for everyone
 - iii. Everyone attending this Saturday should try to bring 2-3 people (tell the chairs if you are bringing other people so they can bring extra beads)

7. Art Contest:

- i. Event is planned to be a Thursday from 5:30 pm to 7:30 pm (2:45 - 3 pm arrive for members to set up)
- ii. Move to Saturday/Sunday-- there may be a conflict with Rosehill
- iii. Deciding on date: conflict with finals and Rosehill art contest
 - 1. Possibly January 31 because of no school but people usually leave on vacation; MLK Day possible but people often have sport competitions
 - 2. Nancy will reach out and see if weekends are available
- iv. Size of contest: 300 entries last year, dropping off at Rosehill from City Hall was difficult
 - 1. Need parents to drop it off at the event
 - 2. Everyone turns in one piece of art
 - 3. Everyone needs to bring a stand (perhaps for a certain size and



above)

4. Some repeats from the previous year-- watch entries

8. Mock Councils:

- a. Mock councils are usually 3 sessions (5 people each) sitting at the podium to discuss a topic, representing what a council meeting would usually look like
- b. Members prefer work session over mock council
- c. Decided to see when mock councils and work sessions can be fitted in along with committee work

9. Split into Art Council and Mental Health at 6:37 pm

- a. Art Contest:
 - i. Need to collect more money
 1. Last year, the committee contacted several companies, but not many replied
 2. Aim for higher donations (last year: \$250)
 - a. Donations: the goal is to raise \$350-400 (all money raised to be used for prizes)
 - b. Each committee member should raise \$50 by contacting local businesses
 3. A raffle at the contest is a possibility
 - a. All money raised from the raffle needs to be used this year, can't save for next year due to city bookkeeping
 - b. If there is leftover money it can use the money raised for Mukilteo Stands Behind Youth event
 - ii. Advertisement: Newspaper ads (Everett Herald, Beacon- free depended on editor), around \$50, schools, flyers, social media, website
 - iii. Poojitha has a list of judges and will call or email (email is best) to ask
 - iv. Assign people to tasks:
 1. Poojitha has a full list of judges, art schools, and public schools to contact
 2. Suin/Aaron: contact judges to ask for volunteers
 3. Sarah/Arjun: contact art schools for supplies and advertisement
 4. Tyler/Ramya/Rohini: contact public schools for advertisement
 - v. Need to increase school contacts (art schools)
 1. Mukilteo school district: need to fill out waiver and contract, can't advertise to students without permission
 - vi. Problems last year: lack of donations, advertisements, easels, size of entries, number of submissions
 1. Discourage frames



2. Allow all sizes, but need to figure out easels
 - a. High school students and studios/art school may have some easels we can use for the contest
 3. To limit entries, we can accept only the first 150 entries
 4. A lot of art came from art schools, so more advertisements to them, rather than public schools
- vii. Categories
1. May combine middle school and high school, elementary digital and 2d (3 total) to limit the amount of prizes needed
 2. Aspiring Artist award
 - a. Ask to write a blurb about what inspired them to make art piece (optional)
 - b. This is essentially a 4th place/honorable mention award for only the elementary division
 - c. Middle/high school division will have honorable mention for both 2d and digital
- viii. Prizes
1. 3 winners per category and honorable mention
 - a. Display their art on the city website instead of in city hall (art was stolen last year)
 2. Elementary awards will be art supplies to encourage them to continue with it
 3. Flyers will advertise “win up to x amount of money” to allow room for higher prizes (if more money than expected is raised)
 4. Prizes:
 - a. Middle/high school: \$75, \$50, and \$25 for 1st, 2nd, 3rd place awards
 - b. Elementary: art supplies worth \$50, \$25, \$20, and \$15 for 1st, 2nd, 3rd, and Aspiring Artist awards
- b. Mental Health:
- i. Attendance: geared more actual students
 - ii. Advertising:
 1. Talk to social-awareness clubs at high schools (clubs require members to come), leadership
 2. Promote at the human rights assembly
 3. 5-minute video required for students to watch (KTV would need it a month in advance, would need to check to see if non-school events are allowed to advertise)



4. Get a more well-known speaker and show previews of who the speaker is (perhaps a UW professor) to get them more well-known
- iii. Would like to keep the resource fair (teen-link, American suicide prevention, etc.)
- iv. Possibly hold it at Kamiak High School because more familiar than Rosehill
 1. Drawback: will have to pay for high school and Rosehill is free
- v. Have more a resource fair instead of discussion:
 1. Have psychiatrists and professors come in to talk about how to relieve stress
 2. Have Nina's parents come in and bring parents into the discussion
- vi. Possible idea is to have one side to be students (counselor lead to talk about specific steps they would take when faced with a student reporting suicide) and one side parent (Nina's parents lead) and QPR training at the end together
 1. Reach out to parents through PTA or school board or to Facebook groups such as Mukilteo Moms
- vii. Focus on both home-issues and also stress-relief

10. Mental Health Committee Meeting Change: separate time than sub-committee meeting times to have every member join in in decision-making

Closing Remarks The next MYAC meeting is Wednesday, November 13 at 6:00 pm, City Hall.

Adjournment The meeting was adjourned at 7:33 pm.

These minutes are excerpts from the meeting, and there is no recording.

Prepared by:
Ramya Arumilli and Alice (Jinyang) Zhang, Co-Secretaries